



County Durham Families Information Service



Real Life Options - Durham

Real Life Options is a registered charity supporting people with learning disabilities or autism to make choices and live their lives as they choose. We can provide support in care homes and private homes across, including everything from a few hours help each week, up to 24 hour support.

You could be on a direct payment or individual budget. You might be living in a care home, private home or shared home, or you want day services or support for a short break. Whatever your situation and preference, we can use our flexible and creative approach to meet your individual needs.

When is it on?

Session information 24 hours a day
7 days a week

Who to contact

Contact name Bernice Holohan
Contact position Service Manager
Telephone 01642 636 602
E-mail bernice.holohan@reallifeoptions.org
Website www.reallifeoptions.org

Where to go

Name 4
Address Innovation Court
Yarm Road
Stockton on Tees
Cleveland
Postcode TS18 3DA

Other details

Cost description Hourly rates are negotiable depending on need and number of hours required.

Referral and availability notes We support people who:

- have various levels of learning and physical disabilities and support needs
- have multiple disabilities
- are described as challenging to services
- have an autistic spectrum disorder
- have head injuries or brain damage

Disclaimer

Durham County Council's Families Information Service does not promote nor endorse the services advertised on this website. Anyone seeking to use/access such services does so at their own risk and may make all appropriate enquiries about fitness for purpose and suitability to meet their needs.

Call the Families Information Service: **03000 269 995** or email: **fis@durham.gov.uk**



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